

**MEDICAL/HEALTH INFORMATION**

**EMERGENCY CONTACTS**

Name 1: \_\_\_\_\_

Phone: ( ) \_\_\_\_\_

Name 2: \_\_\_\_\_

Phone: ( ) \_\_\_\_\_

Please list any special health situations that will require special attention on this retreat:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please list any allergies that those supervising the camp should be aware of:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

If under 18 years of age and taking any prescription drugs, please list type and dosage:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**HEALTH INSURANCE PROVIDER:**

\_\_\_\_\_

**POLICY NUMBER:**

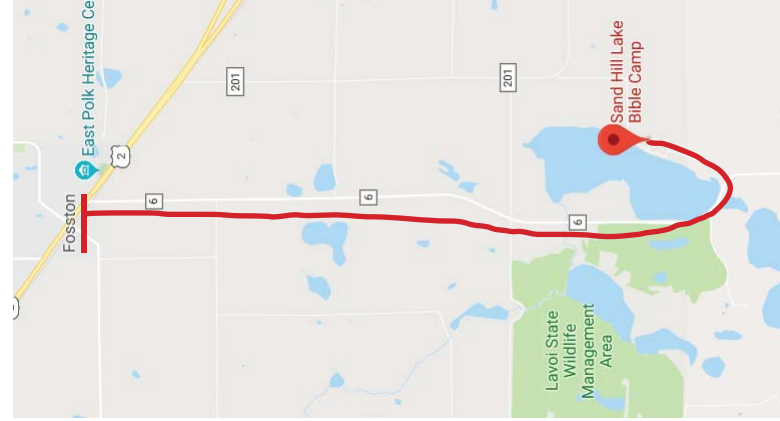
\_\_\_\_\_

"Don't say, 'That's the way I am  
- it's my character,  
It's your lack of character.  
Esto Viri! - Be a man!"

- St. Josemaria Escriva



**SAND HILL LAKE  
BIBLE CAMP** | 1046 250TH AVE  
FOSSTON, MN 56542



**DIRECTIONS:**  
From Fossston, take County Hwy 6 south to the southern tip of Sand Hill Lake (approx 6 miles).

Turn left (north) and follow the road up the eastern side of Sand Hill Lake.



*Diocese of*  
**CROOKSTON**  
OFFICE OF VOCATIONS

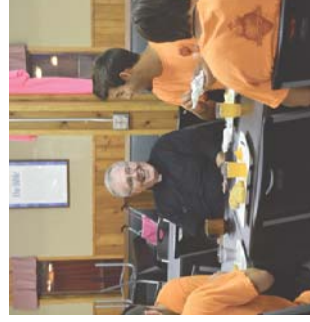
**ESTO  
VIRI!**  
**BE A MAN!**



**AUG. 6-8  
2019**

ARRIVAL: 10 A.M.  
DEPARTURE: 3 P.M.

**SAND HILL LAKE  
BIBLE CAMP**  
(NEAR FOSSTON, MN)



[www.crookston.org/estovir](http://www.crookston.org/estovir)



@DioCrookston

# ESTO VIR! BE A MAN!

ESTO VIR is a vocation camp for young men (age 16+) sponsored by the Diocese of Crookston's Office of Vocations. Gather with the seminarians of the diocese for sports and games, lakeside recreation, prayer, food and fellowship.



## WHAT IS IT?

A CHANCE FOR CATHOLIC GUYS TO HANG OUT.

**PRAYER:**

Mass, Adoration, Rosary, Liturgy of the Hours

**SPORTS:**

Lawn and Lake Games, Frisbee, Football

**DISCUSSION:**

Vocation, Holiness, Virtue



### QUESTIONS?

Contact  
Fr. Matt Schmitz  
218-773-0877  
mschmitz@sacredheartegf.net

## REGISTRATION INFORMATION

**REGISTRATION FEE:**

Free! Sponsored by the diocesan Office of Vocations

**TO REGISTER:**

Go online to:  
[www.crookston.org/estovir](http://www.crookston.org/estovir)

- or -

Fill out the attached form (both sides) and mail by July 23, 2019:

Fr. Matt Schmitz  
Sacred Heart Catholic Church  
200 3rd Street NW  
East Grand Forks, MN 56721

**REGISTRATION DEADLINE: JULY 23, 2019**

**FOR PARTICIPANTS AGE 18+**

**SAFE ENVIRONMENT CERTIFICATION REQUIRED**

In order to participate in this camp, you are required to be SAFE ENVIRONMENT CERTIFIED. To gain this certification, you must complete the Diocese of Crookston Safe Environment training. You only need to do this if you have not completed it within the last 12 months. The entire process should take about 30 minutes to complete and includes registration, an e-learning module, and a short test. This process will initiate a background check. The results are generally available after two days. After the Office of Safe Environment receives these results, you will be certified.

**INSTRUCTIONS:**

- Go to [www.crookston.org/secertification](http://www.crookston.org/secertification)
- Click the appropriate yellow link for "new" or "returning" volunteer

**HELPFUL HINTS:**

- Parish: Choose "Diocesan Admin"
- Position with Parish: Check "Volunteer" Enter "attending Esto Vir Vocations Camp" in the comments box
- Parish Phone Number: 218-773-0877
- Supervisor: Fr. Matt Schmitz

## ESTO VIR REGISTRATION

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/St./ZIP: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Parish: \_\_\_\_\_

Age on Aug. 6, 2019 (circle one): \_\_\_\_\_

**UNDER 18** or **18+**

High school graduation year: \_\_\_\_\_

Adult t-shirt size (circle one): \_\_\_\_\_

**S M L XL XXL**

**FOR PARTICIPANTS UNDER AGE 18:**

*I authorize my child to participate in this camp. I consent to any medical treatment deemed necessary in any emergency during my son's stay at the camp. I will not hold the Diocese of Crookston, Sand Hill Lake Bible Camp, or those supervising the camp liable for any accident or injury.*

Parent Name (please print) \_\_\_\_\_

Parent Signature \_\_\_\_\_

Date \_\_\_\_\_ Phone \_\_\_\_\_

**FOR PARTICIPANTS AGE 18+**

*I consent to any medical treatment deemed necessary in any emergency during my stay at the camp. I will not hold the Diocese of Crookston, Sand Hill Lake Bible Camp, or those supervising the camp liable for any accident or injury. I have completed Safe Environment Training as instructed in this brochure.*

Signature \_\_\_\_\_

Date \_\_\_\_\_